Compendium of Continuing Education 2012
Central Jersey Family Health Consortium

Compendium of
Continuing Education 2012
Central Jersey Family Health Consortium is dedicated to the provision of high quality, evidence-based continuing professional education relating to maternal child health. Realizing the demands placed on today’s health professional to remain current on related health issues yet with limited time to attend educational programs, the Consortium has developed a variety of continuing education offerings ranging from self study modules to full course offerings. This Compendium provides a description of programs available that are either free or have a minimal cost associated with them for professionals working at member hospitals, affiliated agencies, and the Consortium’s General Membership. On a limited basis, programs may be provided for a fee to non-members of the Central Jersey Family Health Consortium. All programs have associated continuing education credits.

- Offerings are presented/facilitated by the Consortium's Director of Education and Professional Development and/or Nurse Educators. The Nursing staff of the Consortium are:
  - AWHONN Fetal Heart Monitoring Program Instructors
  - Nationally Certified in their specialty
  - STABLE Instructors

- Programs and courses are available by appointment throughout the year. To schedule an offering, contact: The Director of Education and Professional Development at (732) 937-5437, extension 114 or e-mail eshuzman@cjfhc.org.

- Self-Study Modules are available by contacting the Director of Education and Professional Development.
Continuing Education Accreditations

Central Jersey Family Health Consortium is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation (COA).


Accreditation refers to recognition of continuing education activities only and does not imply approval or endorsement of any commercial product.

CJFHC is a registered provider of Professional Development Education with the New Jersey Department of Education.

Additionally, CJFHC in collaboration with the Association of Women’s Health, Obstetric, and Neonatal Nurses (AWHONN) facilitates the provision of AWHONN’s Fetal Heart Monitoring Program.

The CJFHC, under Provider Number CJ001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration. Renewal application pending.

Disclosures

The following faculty of Central Jersey Family Health Consortium do not have anything to disclose.

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Additional faculty disclosures are announced on flyers and brochures.
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Central Jersey Family Health Consortium Programs

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Self-Study Modules

Child Abuse and Neglect: A Self-Study Module for Nurses

**Goal:** To enhance the participant’s knowledge in defining child abuse and identifying types of physical abuse.

**Type of Program:** Self-Study Module

**Contact Hours:** Upon successful completion of this module, as demonstrated by achieving a score of 80% or greater on the post-test, RNs will receive 5 Contact Hours. A certificate will be mailed.

**Description:** This module provides the nurse with detailed information, including some very explicit photographic evidence of actual incidences of child physical abuse in Part 1. Photographs and commentary are reprinted with permission from the American Academy of Pediatrics from the “Visual Diagnosis of Child Physical Abuse” © 2006. Part 2 reviews information from the Child Welfare Information Gateway, including the legal requirements and responsibilities of healthcare providers in the reporting of suspected and/or known child abuse.

Malignant Hyperthermia

**Goal:** To enhance the participant’s knowledge of Malignant Hyperthermia including the recommended emergency management interventions.

**Type of Program:** Self-Study Module

**Contact Hours:** Upon successful completion of this module, as demonstrated by achieving a score of 80% or greater on the post-test, each participant will receive a continuing education certificate. Each RN will be awarded 1.5 Contact Hours.

**Description:** This module provides an overview of the pathophysiology of Malignant Hyperthermia, the pharmacologic and medical interventions to abort the incident, and screening measures for at risk individuals and their families.

Postpartum Depression: A Self-Study Module for Nurses

**Goal:** To enhance the participant’s knowledge of the signs and symptoms, risk factors, prevalence, incidence, and the New Jersey Legislation concerning Postpartum Depression.

**Type of Program:** Self-Study Module

**Contact Hours:** Upon successful completion of the module, as demonstrated by achieving a score of 80% or greater on the post-test, each RN will be awarded 3.0 Contact Hours. A certificate will be mailed.

**Description:** This module provides background information on postpartum depression that includes signs and symptoms, medications, the differences of perinatal mood disorders and breastfeeding information.
Advance Life Support in Obstetrics

The Consortium offers the American Academy of Family Physicians (AAFP) Advanced Life Support in Obstetrics (ALSO) to our Member Hospitals’ physicians, residents and nurses working in their OB Departments at a discounted rate. Participants are required to purchase their course materials directly from CJFHC. Hospitals that are not members of the CJFHC may send participants to these programs on a space available basis and at a higher registration fee than that offered to staff from the Consortium’s member hospitals.

ALSO® Provider Course

Goal: To enhance cognitive and procedural skills of health care professionals to help them manage obstetrical emergencies.

Target: This two day course is directed primarily toward maternity care providers including physicians, nurses and certified midwives.

Overall Courses Objectives:
♦ Discuss ways of improving the management of obstetrical urgencies and emergencies which may help standardize the skills of practicing maternity care providers.
♦ Discuss the importance of utilizing regional maternity care services and identify possible barriers which might limit access.
♦ Successfully complete the course written test and megadelivery testing station.

Detailed educational objectives are listed at the beginning of each ALSO® Course Syllabus chapter.

CME credit is provided from the American Academy of Family Physicians. Nursing contact hours are provider by the American Academy of Family Physicians. AAFP is an approved provider of continuing nursing education by the Kansas State Board of Nursing.

For additional information regarding course scheduling contact Kay O’Keefe at: 732–363-5400 ext 11
The Consortium remains dedicated to the provision of evidence-based affordable educational programs and continues to offer the AWHONN Fetal Heart Monitoring Program to our Member Hospitals and the nurses working in their OB Departments at a discounted rate. Participants are required to purchase their course materials directly from CJFHC (not from Kendall Hunt) to receive the discount. Please refer to the AWHONN website for a complete description of the revised Fetal Heart Monitoring Program at www.awhonn.org.

Additionally, the Consortium provides full administration services for the program and supplementary faculty as required.

AWHONN’s Fetal Heart Monitoring program offers nurses and physicians the opportunity to develop, improve and enhance their fetal assessment skills. The program consists of three courses, the Intermediate Fetal Monitoring Course (two-days), the Advanced Fetal Monitoring Course (one day) and the FMH Instructor’s Course (one day plus a two day teach back of the Intermediate FM Course). The courses have associated nursing contact hours and with the institution of the new program CMEs will also be available for participants from AWHONN. Please refer to the AWHONN website for additional information regarding the continuing education credit process.

Hospitals that are not members of the CJFHC may send participants to these programs on a space available basis and at a higher registration fee than that offered to nurses working at the Consortium’s member hospitals.

For additional information regarding course scheduling contact Fran Lo Raso at: 732–937-5437, extension 110
Intermediate Fetal Monitoring Course

The Intermediate Course is a two-day course, providing 18 contact hours of continuing nursing education, designed for registered nurses with a minimum of six months clinical nursing experience using fetal monitoring technology in an intrapartum setting. It is expected that the participant already has basic knowledge and related skills in the following areas:

1. Maternal physiologic changes of pregnancy.
2. Fetal growth and development.
4. Preparation of the patient for set-up and initiation of external or internal fetal monitoring.
5. Obtaining and maintaining tracings that document fetal heart rate and uterine contractions.
6. Interpretation of uterine contraction frequency, duration, and baseline resting tone.
7. Identification of the baseline fetal heart rate, variability, and deviations.
8. Indicate clinical interventions.
9. Communication and documentation standards.

Nurses are expected to self-determine their own eligibility to participate. Physicians may also attend the course at the discretion of the instructor. Program Objectives:

2. Discuss indicated clinical interventions and related maternal-fetal physiology.
3. Effectively communicate verbal and written data about patient status.
4. Describe the role and responsibility of the professional nurse in the use of FHM in intrapartum care.
5. Demonstrate the psychomotor skills used in FHM.

Successful completion of written examinations and performance of skills evaluations are requirements for completing the program and earning continuing education credit.

Participants successfully completing the course will be provided with instruction regarding how to obtain documentation from the AWHONN website.


Advanced Fetal Monitoring

Advanced Fetal Monitoring Principles is a one-day course, providing 8 contact hours of nursing education, focusing on the application of advanced fetal heart monitoring knowledge and skills in intrapartum nursing practice. The content presented in this course builds on the essential knowledge and skills gained through the Intermediate Fetal Monitoring Course.

Objectives:

1. Describe physiological principles of maternal and fetal oxygen transfer and acid-base balance.
2. Identify physiologic principles underlying fetal heart monitoring.
3. Describe concepts in antenatal testing including analysis and interpretation of biophysical profiles and complex antenatal fetal heart monitoring tracings.
4. Relate physiologic principles to the goals and interventions of antenatal testing.
5. Evaluate interventions for patients undergoing antenatal testing.
6. Analyze fetal cardiac arrhythmia patterns and describe outcomes associated with these patterns.
7. Analyze complex fetal heart monitoring patterns utilizing current NICHD/ACOG FHM terminology and categories.
8. Apply perinatal risk management principles, communication techniques and documentation strategies related to complex and challenging patient care scenarios.

Successful completion of written examinations and performance of skills evaluations are requirements for completing the program and earning continuing education credit.

Participants successfully completing the course will be provided with instruction regarding how to obtain documentation from the AWHONN website.

FHM Instructor’s Course

The Instructor Course is a one-day course (8.7 contact hours) that focuses on the principles of adult learning and the application of these principles to AWHONN’s FHMP workshop. Participants discuss the role and responsibilities of the instructor, workshop administrative procedures, and basis for workshop content development. Each participant also will be required to present a pre-assigned segment of the FHMP workshop during the course.

At the conclusion of this course, you should be able to:

- Explain the principles of the adult learning process.
- Describe the principles of the teaching process.
- Differentiate teaching approaches and instructional methods (i.e., lecture, small group discussion, skill stations, and audio visual aids).
- Demonstrate skill in using the Instructor Guide to prepare and teach the FHMP workshop.
- Identify learning methodologies included in the FHMP workshop.
- Demonstrate the ability to conduct the skill station for auscultation or integration of knowledge and skills in the FHMP workshop.
- Describe an external environment that promotes motivation to learn.

In order to attend the AWHONN Fetal Heart Monitoring Instructor Course, participants must:

- Successfully complete the Intermediate Fetal Monitoring Course and receive Competency Validation as well as contact hours of continuing education credit.
- If you intend to teach Advanced FHM Course, you must successfully complete the Advanced Course and receive competency validation and contact hours of continuing education credit. In addition you must also be evaluated by a designated instructor prior to teaching the Advanced Course.
- Be a Member of AWHONN. AWHONN Membership is required in order to become an Instructor and maintain active status. Candidates must have active membership with AWHONN in order to take the Instructor Course and provide their AWHONN ID Number to the Instructor Trainer upon registration. The AWHONN membership number will be the individuals Instructor ID number as well.

A participant who successfully completes the Instructor Course is considered an instructor candidate until evaluated by an instructor trainer or other designated instructor. A designated instructor refers to an instructor who has taught at least 3 workshops, maintained a 3.5 overall average on workshop evaluations, and obtained prior approval from AWHONN Headquarters. The evaluation is to occur at the first workshop taught by the instructor candidate. It is the responsibility of the instructor candidate to arrange for an evaluation of the first workshop taught. The evaluator can serve as an additional instructor for the workshop.

In order to maintain instructor status, each instructor must:

- Maintain AWHONN membership.
- Teach a minimum of two workshops over a two year period.
- Maintain an overall score of 3.0 or above on a 4.0 scale (calculated from participant evaluation) in each workshop taught, excluding the first time they present the workshop under the supervision of a pre-approved instructor.
- Teach in accordance with the policies and procedures governing the FHMP workshop, as described in the Instructor Guidelines and The Beat Goes On. Instructors are responsible for the quality of their presentations.

For any questions regarding the changes to the AWHONN Fetal Monitoring Program please consult the AWHONN website http:www.awhonn.org

Classes are held at the Lakewood and North Brunswick Consortium offices.

Participants successfully completing the course will be provided with instruction regarding how to obtain documentation from the AWHONN website.
The S.T.A.B.L.E. Program:  
Post-resuscitation/Pre-Transport  
Stabilization Care of Sick Infants  

The S.T.A.B.L.E. Program  
Post-Resuscitation Care of Sick Newborns  
Guidelines for Neonatal Healthcare Providers

The S.T.A.B.L.E. Program:  
Post-resuscitation/Pre-Transport Stabilization Care of Sick Infants

Goal: To provide help organize the myriad of details and interventions necessary to provide care to a sick or premature infant prior to transport to a higher level of care.

Type of Program: This full day didactic program held at CJFHC is a nationally recognized program.

Contact Hours: Successful completion of the written examinations with a passing grade of 85% or better is a requirement for completing the program and earning continuing education credit. Participants who attend the full workshop and successfully pass the written tests earn 7.75 Contact Hours. A CJFC continuing education certificate will be provided.

Description: The S.T.A.B.L.E. Program, developed by Kristine A. Karlsen, is a widely used program to educate nurses and other healthcare professionals as to care that must be anticipated and delivered in a timely, efficient and effective manner to sick or premature infants prior to transport. The program presents the content in six assessment modules: sugar, temperature, airway, blood pressure, lab work and emotional support. The six modules are represented in a mnemonic S.T.A.B.L.E. to optimize learning, retention and then recall. An additional module covers quality improvement. This course is presented by trained S.T.A.B.L.E. instructors in a didactic and interactive format. There is a pre and post-test.

Classes are held at the Consortium offices.
Central Jersey Family Health Consortium Programs

Breastfeeding Support: The Nurse’s Role

Goal: To enhance the participant’s knowledge of evidence-based nursing interventions in order to promote and support breastfeeding after birth, during the post-delivery newborn hospitalization period; and to promote exclusivity of breastfeeding for the first several months of an infant’s life. To provide a total of 16 hours of lactation education to inpatient staff to support Baby-Friendly Initiatives.

Type of Program: This program consists of two full days of didactic learning at CJFHC.

Contact Hours: Participants are encouraged to attend both days but may attend only one day. A certificate will be provided for each day. Participants must attend the full day, complete the skill stations and a written test to receive the RN certificate for 8 Contact Hours each day.

Description: The first day of the course presents an overview of the anatomy and physiology of lactation, key components of assessment and support of the breastfeeding dyad and associated nursing interventions to promote and support breastfeeding. The second day focuses on assessment and interventions that support breastfeeding for special populations. In addition to lectures, the course uses pictures, videos and auditory experiences to enhance the nurse’s assessment skills. Faculty for the course include Internationally Board Certified Lactation Consultants (IBCLC).

For CJFHC affiliated hospitals and agencies the registration fee covers the entire course, a loaner textbook and any handout material.

Breastfeeding Support: A Facilitated Discussion

Goal: To provide an opportunity for participants to examine the development of the bedside nurses’ role in their specific work settings 6-12 months following attendance at the 2 day course, “Breastfeeding Support: The Nurse’s Role.”

Type of Program: This half day, follow-up session may be arranged at a member hospital and provided on-site, in collaboration with the hospital’s lactation consultant. Case studies and a facilitated discussion are included.

Contact Hours: Up to 4.0 Contact Hours are provided to nurses.

Description: The session is tailored to the specific hospital breastfeeding policies, standards, practices and identified needs. Facilitated discussion to analyze case studies is lead collaboratively by a CJFHC educator and the hospital lactation consultant. Audiovisual aids are used to enhance case presentations.

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Childhood

Child Abuse: Recognition and Responsibilities

**Goal:** To enhance the participant’s knowledge and recognition of the signs and symptoms of physical child abuse.

**Type of Program:** This one-hour interactive presentation is provided on-site at CJFHC member hospitals and agencies. The requesting facility is responsible to schedule the program with CJFHC and provide the necessary meeting space.

**Contact Hours:** 1.0 Contact Hour for RNs or 1.0 Professional Development Hour for Teachers / School Personnel will be awarded to participants attending the full hour.

**Description:** The program will include information on: the major types of child abuse, the importance of compiling a detailed history regarding past and presenting injuries, previous ER visits, and hospitalizations whenever a child is seen in the home, clinic, ER or admitted to the hospital; and the physical appearance of injuries associated with child physical abuse. The legal definitions of abuse will also be reviewed. This presentation will feature the slide presentation “The Visual Diagnosis of Child Physical Abuse” produced by the American Academy of Pediatrics and the C. Henry Kempe National Center on Child Abuse Neglect.

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Non-Accidental Head Trauma (previous called Shaken Baby Syndrome)

**Goal:** To introduce information and awareness on shaken baby syndrome, an abusive form of head trauma that happens when an infant or young child is violently shaken and impacted against a hard surface. Prevention strategies will be addressed.

**Type of Program:** This one-hour interactive presentation is provided on-site at CJFHC member hospitals and agencies. The requesting facility is responsible to schedule the program with CJFHC and provide the necessary meeting space.

**Contact Hours:** 1.0 Nursing contact hour will be awarded to RNs attending the full hour.

**Description:** This presentation includes information on the incidence, symptoms, risk factors, identification of the perpetrator, and short and long-term injuries caused associated with SBS. The Period of Purple Crying, a positive evidenced based program developed through the National Center on Shaken Baby Syndrome (SBS), will be introduced. This prevention program helps caregivers and parents understand the normal crying characteristics of the infant and the frustrating features that can lead to shaking or abuse.
**Gestational Age Assessment of the Newborn**

**Goal:** To provide learners with techniques of gestational age assessment and promote nursing care based on gestational age.

**Type of Program:** This one-hour interactive presentation is provided on-site at CJFHC member hospitals and agencies. The requesting facility is responsible to schedule the program with CJFHC and provide the necessary meeting space.

**Contact Hours:** 1.0 Contact Hour will be awarded to RNs attending the full session.

**Description:** The program includes the rationale for gestational age assessment, principles of the Ballard Gestational Age Assessment, and techniques used in performing the assessment. Nursing implications for newborn care based on gestational age assessment are discussed. This presentation will feature the slides produced by the S.T.A.B.L.E. Program.

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**Physical Assessment of the Newborn**

**Goal:** To provide learners with techniques of newborn physical assessment to identify actual and potential assets and deficits.

**Type of Program:** This one-hour interactive presentation is provided on-site at CJFHC member hospitals and agencies. The requesting facility is responsible to schedule the program with CJFHC and provide the necessary meeting space.

**Contact Hours:** 1.0 Contact Hour will be awarded to RNs attending the full session.

**Description:** The program includes principles of the physical assessment and a head to toe physical assessment. Nursing implications for newborn care based on findings are discussed. This presentation will feature the slides produced by the S.T.A.B.L.E. Program.

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**The Late Preterm Infant: Great Expectations**

**Goal:** To enhance participants’ knowledge regarding significance of late preterm birth; the risk factors associated with late preterm birth; and the assessment and care of the late preterm infant.

**Type of Program:** This one-hour interactive presentation is provided on-site at CJFHC member hospitals and agencies. The requesting facility is responsible to schedule the program with CJFHC and provide the necessary meeting space.

**Contact Hours:** 1.0 Contact Hour will be awarded to RNs attending the full session.

**Description:** The program includes information on the prevalence of late preterm birth; the need for more frequent assessment and careful risk assessment of the later preterm infant; interventions and discharge planning from the hospital; and dialoguing with parents. The program will include information on current practice recommendations from the American Academy of Pediatrics and the Association of Women’s Health, Obstetric and Neonatal Nurses [AWHONN].
Central Jersey Family Health Consortium Programs

Preconception

Preconception/Interconception Health

**Goal:** To enhance participants’ knowledge regarding the impact of preconception/interconception health as related to improved pregnancy outcomes for women and babies.

**Type of Program:** This one-hour interactive presentation is provided on-site at CJFHC member hospitals and agencies. The requesting facility is responsible to schedule the program with CJFHC and provide the necessary meeting space.

**Contact Hours:** 1.0 Contact Hour will be awarded to RNs attending the full hour.

**Description:** The program includes information on identification of prenatal care issues in New Jersey, how preconception/interconception health leads to improved pregnancy outcomes, a description of the goals related to preconception/interconception health, as well as the barriers encountered to receiving preconception/interconception health.

Pregnancy and Childbirth

Clinical Relevance of the EBC

**Goal:** To enhance participants’ knowledge of the importance of complete and accurate data entry into the New Jersey Electronic Birth Certificate (EBC), the nurse’s role in facilitating that process and potential impact on the provision of care to women of childbearing age and their children.

**Type of Program:** This one-hour interactive presentation is provided on-site at CJFHC member hospitals and agencies. The requesting facility is responsible to schedule the program with CJFHC and provide the necessary meeting space.

**Contact Hours:** 1.5 Contact Hours for RNs will be awarded to participants attending the full hour.

**Description:** This program utilizes data and common errors in data entry to illustrate the potential impact on hospital and community services for women of childbearing age and their children. Additionally, an overview of the role and responsibility of the nurse in the EBC process as it applies to their individual clinical practice area, as well as how the EBC report function can be utilized for unit based quality improvement reporting and project development.

Co-Occurring Disorders: Substance Abuse and Mental Illness

**Goal:** To understand the existence of dual diagnosis as pertains to addiction, pregnancy and domestic violence.

**Type of Program:** This one-hour interactive presentation is provided on-site at CJFHC member hospitals and agencies. The requesting facility is responsible to schedule the program with CJFHC and provide the necessary meeting space.

**Contact Hours:** 1.0 Contact Hour will be awarded to RNs attending the full hour.

**Description:** Through this presentation, participants will be able to define addiction and recognize the similarity of the signs and symptoms of both addiction and psychiatric behaviors. Case management for these clients and their therapeutic needs will be presented as well as the special needs of the pregnant addict.

Got Data?

**Goal:** To enhance participants’ knowledge of the utilization of data from the electronic birth certificate system and other sources.

**Type of Program:** This one-hour interactive presentation is provided on-site at CJFHC member hospitals and agencies. The requesting facility is responsible to schedule the program with CJFHC and provide the necessary meeting space.

**Contact Hours:** 1.0 Contact Hour will be awarded to RNs attending the full hour.

**Description:** This offering presents an overview of the findings presented in CJFHC Regional CQI and Data Report and describes how the data is incorporated into the CQI, Planning and Evaluation process at the Consortium. Additionally, the program explains the reporting process of EBC data to the New Jersey Department of Health and Senior Services and ultimately the Center for Health Statistics at the Centers for Disease Control (CDC). The process of requesting data for planning and grant writing purposes from the consortium is also presented. [Upon request from the MCH Director, the program can be tailored to the individual hospital’s data regarding birth statistics from their institution.}
Central New Jersey Maternal and Child Health Consortium Programs

**Perinatal Bereavement Series**

**Goal:** To increase the health care professional’s knowledge about perinatal loss; and to provide the tools needed to enhance the care provided to families experiencing a perinatal loss.

**Type of Program:**
This interactive 5 hour series is offered in one-hour sessions and is provided on-site at CJFHC member hospitals and agencies. Participants may select one, two, three, four or all five sessions. The requesting facility is responsible to schedule the program with the CJFHC and provide the necessary meeting space.

**Contact Hours:** 1.0 Contact Hour will be provided for each of the 5 one-hour sessions; a maximum of 5.0 Contact Hours can be awarded to each RN for the complete series.

**Description:**
- **Communicating with Grieving Families**- assists the health care professional to develop their communication skills so that they may support grieving families.
- **Creating Memories** - focuses on the importance of assisting families with developing positive memories of their time with their baby and provides guidance as to the role the nurse has in creating the memories, e.g. providing keepsakes and picture-taking.
- **Death Certificate** - discusses the data and forms needed to be completed electronically after a fetus or newborn dies.
- **Supporting Yourself and Colleagues** - assists the nurse to define own values and role in providing care for bereaved parents; discusses self care techniques and measures to help support colleagues working with perinatal bereavement.
- **Understanding Perinatal Loss** - relates the concepts of attachment and grief to explaining what families experience when their fetus or newborn dies and provides guidance as to the interventions that families may benefit from.

**Postpartum Depression: Screening and Education Update**

**Goal:** To enhance participant’s knowledge of the multifaceted issues surrounding and contributing to postpartum depression.

**Type of Program:**
This one-hour interactive presentation is provided on-site at CJFHC member hospitals and agencies. The requesting facility is responsible to schedule the program with the CJFHC and provide the necessary meeting space.

**Contact Hours:** 1.0 Contact Hour will be awarded to RNs attending the full hour.

**Description:**
The presentation will present a comprehensive overview of the complex issues associated with postpartum depression including current recommendations for screening, referral and treatment options.

**Postpartum Hemorrhage**

**Goal:** To enhance participant’s knowledge of the risk for postpartum hemorrhage and the nursing care involved.

**Type of Program:**
This one-hour interactive presentation is provided on-site at CJFHC member hospitals and agencies. The requesting facility is responsible to schedule the program with the CJFHC and provide the necessary meeting space.

**Contact Hours:** 1.0 Contact Hour for will be awarded to RNs attending the full hour.

**Description:**
The presentation will present an overview of the risk factors associated with postpartum hemorrhage, associated causes and the nursing assessments and care.
Regional Post Anesthesia Care Course for the Obstetric Nurse—Available only if requested for groups of 10 or more until the Regional Perioperative Course is available

Goal: To enhance the participants’ knowledge of the standard of care required for women experiencing Cesarean birth in the immediate post-operative period.

Type of Program: This is a one day didactic course with a pre and post-test. It is offered at CJFHC.

Contact Hours: RNs who attend the entire day and successfully pass the post-test with a score of 80% or greater will receive 7.4 Contact Hours for RNs.

Description: This course utilizes a peer reviewed standardized presentations and includes information from nationally recognized professional organizations, e.g. Association of Women’s Health, Obstetric and Neonatal Nurses, Association of Perioperative Registered Nurses Malignant Hyperthermia Association of the United States, American College of Obstetrics and Gynecology, as well, as NJ Department of Health and Senior Services Hospital Licensing Standards.

This course reviews:
- The standard of care for all patients recovering from anesthesia in the immediate post-operative period; the need for adherence to these standards in all units of the hospital where this care is rendered; a comprehensive review of the modalities of anesthesia; the related nursing implications, and potential adverse reactions and interventions;
- A systems review of the dynamic changes of pregnancy; components of postpartum assessment and interventions and the specific needs of the post Cesarean section patient in the perioperative setting;
- Pharmacological agents and related nursing care;
- Principles of cardio-respiratory monitoring; basic EKG rhythm interpretation;
- And demonstration of ability to utilize the nursing process and SBAR communication.

The registration fee covers all materials. Classes are held at the Consortium offices.

Regional Perioperative Course for the Obstetric Nurse—Under Development

Goal: To enhance the participant’s knowledge of the standard of care for perioperative obstetric patients who undergo operative procedures during pregnancy and birth.

Type of Program: This is a one day course provided to CJFHC member hospitals and agencies.

Contact Hours: Contact Hours to be determined for RNs attending the full course.

Description: This course utilizes a peer reviewed standardized presentations and includes information from nationally recognized professional organizations, e.g. Association of Women’s Health, Obstetric and Neonatal Nurses, Association of Perioperative Registered Nurses Malignant Hyperthermia Association of the United States, American College of Obstetrics and Gynecology, as well, as NJ Department of Health Hospital Licensing Standards.

Smoking & Pregnancy

Goal: The participant will develop a better understanding of the addiction to nicotine and its adverse effects on both the mother and the fetus during pregnancy.

Type of Program: This one-hour interactive presentation is provided on-site at CJFHC member hospitals and agencies. The requesting facility is responsible to schedule the program with the CJFHC and provide the necessary meeting space.

Contact Hours: 1.0 Contact Hour will be awarded to RNs attending the full hour.

Description: This offering describes the addiction to nicotine and the challenges in smoking cessation. The effects of second hand smoke, as well as smoking and pregnancy are addressed.